AEDV HIGHLIGHTS
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PARIS, France
Onychology and Trichology

Dra. Cristina Serrano
Attendants

- Diagnostic approach to alopecia – Dr. Victoria Jolliffe
- Genetic hair disorders – Dr. Antonella Tosti
- Androgenetic alopecia in women – Dr. Bianca Maria Piraccini
- Androgenetic alopecia in men – Dr. Jovan Lalosevic
• **Diagnostic approach to alopecia** – Dra. Victoria Jolliffe
  - Diagnostic TOP TIPS:
    - Tracheoscopy (usefulness in Dx / Bx / PAS/ Microbiology (DF*))
    - Clinical examination scalp, and nails.
    - Traction coexist with CCCA

• **Genetic hair disorders** – Dra. Antonella Tosti
  - Classical classification hypotrichosis (Marie Unna, Simplex hypotrichosis, Monilethrix, Trichorrhexis invaginata, Pili torti)
  - Woolly hair: “hot water test” when immersed in boiling water the hair forms regular spirals
  - Monilethrix: Dermoscopy very helpful for diagnosis.
    - Severity varies – misdiagnosed as AA or TE
    - Eyebrows and eyelashes can be affected
    - Hair fragility improves with age treatment (minoxidil, biotin, no retinoids)
Androgenetic alopecia in woman – Dra. Bianca Maria Piraccini

1ª: Minoxidil 5% 12 months -> patient opinion -> choose antiandrogens or physical therapies (LLLT, PRP, Microneedling)

2ª: Finasteride 2.5 mg/ day – No premenopausal – no breast cancer.

NOVEDAD: MINOXIDIL ORAL 2.5 mg +- Spironolactone (Sinclair RD. Int J Dermatol 2018; 57: 104-109)
Androgenetic alopecia in men – Dr. Jovan Lalosevic

- Minoxidil 3% + **topical finasteride** 0.1,0.25%
- Minoxidil 5% + **bethametasone 0.025% + azelaic acid 12.5%** (Sakr FM et al. Drug Des Devel Ther 2013)
- **Cetirizine** 1% (inh PGD2) (Rossi et al. J Dermatolog treat 2018)
- PRP: methodology inconsistency. Nº sessions 3, monthly and maintenance every 6m.
• Androgenetic alopecia in men – Dr. Jovan Lalosevic
• Personal use of Finasteride 1 mg oral (No Dutasteride)
• Check baseline PSA -> on therapy 50% lower
• Most effective on vertex, and les in frontotemporal areas of the scalp
• Younger men have better therapy outcomes
• More effective in individuals who have a higher density of body hair (Inadomi T. Indian J Dermatol 2014)
• He has no patients with post finasteride syndrome in his experience.